

LEARNING TOGETHER TO BE OUR BEST

DOVER PARK

PRIMARY SCHOOL



PSHE Policy

Date agreed: September 2022

Review date: September 2024

Signed: _____

Chair Board of Governors

Revision Record

Revision No.	Date Issued	Prepared By	Approved	Comments
1	25 June 2015	BJ	FGB	New policy
2	9 May 2018	AW	FGB	Reviewed
3	September 2020	AW	FGB	Reviewed and updated
4	September 2022	AW	FGB	Revised to match current practice

Dover Park Primary School PSHE Policy

Rationale:

The purpose of the PSHE curriculum is to provide all pupils with opportunities to:

- Develop confidence and responsibility and make the most of their abilities
- Prepare to play an active role as citizens through developing skills for living and valuing themselves and respecting others
- Develop a healthy lifestyle
- Contribute to their community and the wider world and becoming morally and socially responsible
- Develop good relationships and respect the differences between people.

Vision:

Personal, social, health, economics education (PSHEE) enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self-worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights, respect and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.

Aims and objectives:

The aims and objectives of learning PSHE Education:

- Help children develop lively, enquiring minds, to acquire knowledge and develop the skills of communication and information handling which equip them for adult life.

- Help children to appreciate and be concerned about their environment and understand the interdependence of individuals, groups and nations.
- Help children achieve self-discipline and commitment so that they reach the highest standards of which they are capable.
- Encourage children to develop creativity and expression.
- Encourage children to take an active and responsible role in their learning.

What is Personal, Social, Health and Economic Education? (PSHEE)

PSHEE encompasses all areas designed to promote children's personal, social, health and economic development. It gives children the knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility, and make the most of their own abilities and those of others. Additionally, children will come to appreciate difference and diversity.

PSHEE is very closely linked to Social, Moral, Spiritual and Cultural development (SMSC). Explicit opportunities to promote pupils' development in these areas are provided in framework for personal, social and health education (PSHE) and citizenship.

Content of PDL (Personal Development Learning) programme including RSE and Drugs:

We believe that PSHE Education is central to the educational entitlement of all of our children. Although it will be taught in part through discreet lessons, elements of PSHE permeate all aspects of school life. During Key Stages 1 and 2, learners gradually build on the skills, attitudes and values, knowledge and understanding they have started to acquire and develop during the Early Years/Foundation Stage. PSHE education offers learning opportunities and experiences which reflect the increasing independence and physical and social awareness of learners as they move through the primary phase. They learn skills to develop effective relationships assume greater personal responsibility and keep themselves safe. It is important to remain flexible as events such as bereavement might require learning to be drawn from Key Stage 2 into Key Stages 1. PSHE education assists pupils to cope with the changes at puberty, introduces them to a wider world and enables them to make an active contribution to their communities.

We aim to cover the following core themes as set out in the 2020 PSHE Association Programme of Study which is explored in depth below.

Key Stages 1 and 2

Core Theme 1: Health and wellbeing

- What is meant by a healthy lifestyle?
- To maintain physical, mental and emotional health and wellbeing
- To manage risks to physical and emotional health and wellbeing
- ways of keeping physically and emotionally safe
- About managing change, including puberty, transition and loss

- To make informed choices about health and wellbeing and to recognise sources of help with this
- To respond in an emergency
- To identify different influences on health and wellbeing

Core Theme 2: Relationships

- To develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
- To recognise and manage emotions within a range of relationships
- To recognise risky or negative relationships including all forms of bullying and abuse
- To respond to risky or negative relationships and ask for help
- To respect equality and diversity in relationships.

Core Theme 3: Living in the wider world – Economic wellbeing and being a responsible citizen

- About respect for self and others and the importance of responsible behaviours and actions
- About rights and responsibilities as members of families, other groups and ultimately as citizens
- About different groups and communities
- To respect equality and to be a productive member of a diverse community
- About the importance of respecting and protecting the environment
- About where money comes from, keeping it safe and the importance of managing it effectively
- How money plays an important part in people's lives
- A basic understanding of enterprise.

PDL in our curriculum

PSHE Education will be covered through a combination of:

- Discrete timetabled sessions
- Teaching PSHE and Citizenship through, and in, other subject/curriculum areas (e.g. Science, Literacy, History, P.E. and assemblies)
- School events and activities (e.g. off site visits and school celebrations)

Planning, Teaching and learning for all areas of PSHE:

We teach PSHE Education to all children at Dover Park Primary School. Class teachers deliver one session weekly. This may be through a circle-time or other format. The work carried out in these sessions will be drawn from unit plans presented in the 'Supporting Personal Development (2020)' document produced by Hampshire. Work is also linked to whole-school themes (for example Anti-bullying week) or in response to a specific identified need within the class (for example: talking through the needs of a new class member who has particular difficulties of some kind).

Teachers provide learning opportunities that are matched to the individual needs of all children including those with learning difficulties. PSHE themes are often completed cross curricular through other subjects, in particular, Science, Geography, Drama and Literacy. We use a range of teaching and learning styles. We place emphasis on active learning by including children in discussions, investigations and problem solving activities. As they move through school we encourage children to take part in a range of practical activities that promote active citizenship. For example: charity fundraising and class assemblies.

Differentiation for SEN and Able Children

Throughout their school career children will be at different levels of maturity, will have varied life experiences and a range of attitudes and feelings. Lessons should be planned to allow their perceptions to be articulated, with all contributions being valued and respected. In relation to some sensitive issues, such as sex and relationship education or drug education, the teacher needs to ensure that the teaching point is conveyed in language that is accessible and appropriate to the children.

Teachers may need to use different resources, activities or provide specific support depending on the needs of their pupils. The programme is broad and balanced and provides for pupils' different learning styles.

Additional Pastoral Care Arrangements

At Dover Park Primary School, we aim to develop all abilities of pupils, including their personal and social skills, especially if these are not strengths. We aim to create an environment in which children are taught to relate well to each other and where differences of all kinds, including ability, are accepted. We recognise that some able children may also have Special Educational Needs and need additional support. Children may require additional arrangements for emotional and social development or support; for example, Emotional Literacy Support Assistant (ELSA) work, or specific types of behaviour approaches.

ELSA

The school employs a designated ELSA who runs a variety of small groups aimed at developing social skills, life skills and emotional resilience. The ELSA is also available to work with children on a 1:1 basis. This may be for regular or occasional support with school or home issues.

Nurture Group (The Hive)

The school runs a nurture group during the afternoons. The group is available to children who have been identified through the Boxall Profile Assessment. The nurture group room is a space where a small group of children can work and develop social skills, life skills and emotional resilience within a more family-style setting than a normal classroom.

Chill and Chat Areas

The school has a space at lunchtimes where children can go if they have issues and talk through them under no pressure with Mrs. Shaer (Inclusion leader).

Monitoring and assessment

Teachers assess the pupils' response to the tasks set in planned activities as well as their response in other lessons and across the school day. Teachers then provide the subject manager with work samples so he/she can monitor attainment and progression across the school.

All teachers, teaching assistants, midday staff and administrative staff are responsible for informing the teachers about notable points of personal and social development in individual pupils. It is the responsibility of individual teachers and the SEND co-coordinator to identify pupils' progress which is well above or below that which is expected.

Resource Management

Some resources are held centrally and some are held by individual teachers and the PSHE co-coordinator. All resources are reviewed annually.

The Role of the Co-coordinator

- Lead policy development and implementation.
- Plan and lead staff training.
- Advice and support colleagues.
- Draw up key stage subject plans.
- Contribute to year group and individual teachers plans.
- Develop in depth knowledge of their subject and keep up to date with developments.
- Arrange for relevant advice and information from courses to be disseminated
- Assess progression and attainment throughout the school
- Manage resources.
- Be an exemplar.

Review and Monitoring

The policy will be monitored and evaluated by:

- PSHE Co-coordinator
- Senior Leadership Team (SLT)
- LA Advisors & Inspectors.
- Governors.

The policy and/or procedures will, where necessary, be revised in light of these evaluations.

This policy should be read alongside our policies and procedures on:

- Safeguarding Policy and procedures
- Child Protection Policy
- Code of conduct for staff and volunteers
- Managing allegations against staff and volunteers
- Recording and information sharing
- Complaints
- Safer Recruitment
- E-safety
- Whistleblowing
- Anti-bullying
- Behaviour
- Health and Safety
- RSHE and Health Education Policy

This school is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share in this commitment.