



Evidencing The Impact of the PE & Sports Premium 2021-2022

ALL pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport.



Meeting national curriculum requirements for swimming and water safety.	September 2021	July 2022
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	10%	70%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	21%	70%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	10%	53%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes- Children in UKS2 take part in intensive catch-up swimming programmes in year 6.	

Our vision for sport:

Our vision was developed with pupils and staff and states our aim to 'provide a high quality physical education curriculum that inspires all our pupils to succeed and excel in competitive sport and other physically demanding activities'.

- Through inspiring pupils and giving them opportunities to flourish we have started to see a vast improvement both in attitudes and the number of pupils participating in both level 2 pathway competitions, level 1 competitions tournaments and festivals. The school has continued to provide children with the opportunities to engage in competitive sport despite COVID-19 restrictions.
- The ethos of the school is to allow ALL children opportunities to develop their skills and confidence within PE, which is developed through the employment of a specialist sports coach to ensure outstanding delivery of PE. We have received the Sainsbury's Gold Mark for PE for 4 years in a row in 2019. We can now aim for Platinum award in 2020-21.
- Dover Park has been awarded the 'Shift It' Bronze and Silver award and achieved the Gold Award in 2019; which recognizes schools for having a positive ethos and pro-active approach to promoting sustainable travel.
- Dover Park has a growing 'sports crew', pupils in KS2 who are constantly involved in developing PE. It is important to have a powerful student voice to progress PE and make it enjoyable for everyone. The Key stage 2 crew are given opportunities to build up their skills in organizing, leading, managing and officiating during events at school. Our older students have had the opportunity to undertake the Young Leader Programme, which will give them skills for life. Many of our young sports leaders are active in helping out with after school clubs, at lunchtimes and at sports days, alongside our specialist coach.
- We actively promote out school values of Enjoyment, Motivation, Respect, Aspiration, Independence, perseverance and Teamwork through our sports provision.

Sporting activity:

- Each child has at least 2 hours of physical activity a week.
- The school currently has a specialist PE coach, meaning that all children are getting quality first teaching, which is inspiring and motivating, in every area of PE.
- We introduced the Golden Mile to improve daily activity for all, in which each child completes 12 minutes around a measured distance - totaling to 60 minutes every week. All classes use this, with the children's earning incentives for completing miles and tracking their own progress. Children are keen to improve their own best scores.
- In the playground we also have organized games and competitions at lunchtimes, led by a specialist sport coach and young leaders, for pupils to take part in.

Range of sporting/physical activities:

- Within Physical Education lessons, children are given the opportunities to try a range of different sports. These sports include: rugby, football, basketball, hockey, netball, athletics, cross-country, tennis and cricket to name but a few. Pupils in Year 3 and 6 also take part in swimming lessons.
- Pupils are also given opportunities to take part in various activities during the year, from competing against schools to taking part in taster sessions. These activities include: table tennis, cross-country, tag rugby, archery, tennis, rounders, handball and seated volleyball.
- The school also has various after school clubs available to the children, these include: girls' football; boys' football; gymnastics; dance (KS1 and KS2); basketball; KS1 football; running club; athletics club; multi-skills club (KS1) and cricket.
- As a school, Dover Park also believes in road sense, educating pupils in road safety and awareness. That is why throughout the school we are committed to giving pupils opportunities to develop their road safety awareness through various activities and a visit from the road safety road show. These activities include the provision of Ready Set Ride, balanceability for Younger pupils, and Bikeability for Y5 &6. We also participate in 'Shift it' and Walk to School weeks to promote active and safe travel to and from school.

Promoting participation in sports:

- The school prides itself on the extensive, free, extra-curriculum sport it offers to its children. Over 2021-2022 the school has competed in over 30 separate sporting events throughout KS1 and KS2 with over 200 opportunities for children to represent the school. These sporting opportunities include: tag rugby, football, basketball, hockey, netball, athletics, cross-country, tennis, multi-skills and cricket.
- We are always looking for new activities in the local areas to inspire and interest out pupils so as to engage them in positive experiences both in school and out.

The PE and Sports funding has been provided to ensure impact against the following **OBJECTIVE:**

Achieve self-sustaining improvement in the quality of PE and sport in primary schools. It is important to emphasize that the focus of spending must lead to long lasting impact against the vision (*above*) that will live on well beyond the Primary PE and Sport Premium funding.

It is expected that schools will see an improvement against the following 5 key indicators:

1. the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. the profile of PE and sport being raised across the school as a tool for whole school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all pupils
5. increased participation in competitive sport

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your pupils now and why? Use the space below to reflect on previous spend and key achievements and areas for development.

Key achievements to date until July 2022:	Areas for further improvement and baseline evidence of need:
<p>The school has sought to provide a wide range of active and sports based activities during the academic year. These include:</p> <ul style="list-style-type: none"> • After school sports clubs • 'Bikeability' for our year 5 and 6 pupils. • Training for year 6 pupils on how to ride the route to secondary school as part of our transition programme. • Good support for SEND pupils, including use of the money to modify a bike for a child to ensure inclusivity. • 70% children engaged in after school sports • 64% children in school or community teams • 55% SEND pupils engaged in after school sports activities • Active travel continued to be promoted. • Sainsbury's School Sports Gold Award achieved for the 5 years 	<ul style="list-style-type: none"> • Continue additional swimming for year UKS2 pupils who have not achieved NC swimming objectives. • Improved engagement in competitive sports, particularly for disadvantaged pupils and those with SEND • Achieve School Sports Platinum Award <p>Total amount carried forward from 2020/2021 £1,827 + Total amount for this academic year 2021/2022 £17,712 = Total to be spent by 31st July 2022 <u>£19,539</u></p>

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for pupils today and for the future.

Academic Year: 2021/2022		Total fund allocated: £19,539		Date Updated: July 2022 IMPACT	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity(Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school).					% Percentage of total allocation: 61.84%
Intent	Implementation & Budget Allocation		Impact	Sustainability and next steps:	
1.1. Increase & embed daily activity opportunities across the school.	<ul style="list-style-type: none"> Relaunch the Daily Mile following COVID-19 restrictions. Sports coach to instigate a competitive element to encourage additional motivation e.g. weekly individual pupil winner, most improved winner, class winners. Promote active travel to and from school. The SHIFT IT app used daily in each class with termly 'Golden lock' winners. Sports coach and sports crew to organise games and competitions at lunchtimes and break times. Daily after school sports clubs and sporting fixtures. 	£4,387 £6,696	<ul style="list-style-type: none"> The daily mile was re-introduced in September 2021. Pupils are rewarded for individuals doing the most laps, class doing the most laps and for most improvement in number of laps completed. Shift it app used daily. School have taken part in The Active Travel challenge during February and the SHIFT IT challenge in March encouraging pupils to travel to and from school in by active and sustainable means. 189 pupils fully completed the 4-week challenge. Pupils are offered a daily after school sports club alongside sporting events and fixtures. Sports coach arranges and supervises lunchtime competitions and activities resulting in children being more active at break times and there being less disagreements. 	<ul style="list-style-type: none"> Increase consistent daily active and sustainable travel. Increase the range of activities that children can engage in at lunchtimes. New MUGA to be installed April 2023. 	
1.2. Encourage the least active pupils to have more active playtimes and lunchtimes, and to engage with after school clubs and activities.	<ul style="list-style-type: none"> Survey pupils in the autumn term via school/class council. Increase the number of non-traditional sports/activities delivered to pupils. Signpost children to activities within the local community. Change4 Life programme for reception children and families 	£1000	<ul style="list-style-type: none"> 70% pupils in Y1-6 have engaged in at least 1 after school sports club. Introduction of OAA, running, carnival dance tennis, cricket and surfing clubs proved popular this year with high uptake. 64% pupils play in school or community teams after school or at weekends 55% pupils on SEND register regularly attend after school sports clubs. Sports Coach worked with identified parents 	<ul style="list-style-type: none"> Increase the number of pupils attending after school sports clubs further. Target those children who are 'less sporty' to try an activity. Survey pupils as to what they would like to do. 	

	<ul style="list-style-type: none"> • (If possible) encourage participation in Isle Dance/Carnival/county dancing/park run and local community events. • Purchase new playtime and lunchtime equipment. • Maintain excel spread sheet of who has taken part in an after school club/fixture so that any pupils who have not attended at least 1 can be targeted/encouraged in the summer term 2022. • Select and purchase new playtime equipment with the help of school and class council. 		<ul style="list-style-type: none"> • on 'Active Lifestyles'. • A dedicated handful of children take part in park run each weekend. • Through school children have taken part in Carnival dance, country dancing, surfing and running clubs. • School council have had a budget to purchase playtime equipment leading to calmer and more active playtimes and lunchtimes. • 87% have taken part in either an after school club, team fixture, competition or activity session this year. 	<ul style="list-style-type: none"> • Ensure playtime equipment is replaced annually- school council to survey need.
Key indicator 2: The profile of Physical Education, School Sport and Physical Activity (PESSPA) being raised across the school as a tool for whole school improvement				% Percentage of total allocation: 31.15%
Intent	Implementation & Budget Allocation		Impact	Sustainability and next steps:
2.1 Pupils are actively encouraged to take on leadership and volunteer roles that support the delivery of sport and daily activity within the school	<ul style="list-style-type: none"> • Select, train and utilize 'Sports Crew' pupils in years 5 and 6 to help the sports coach with sporting events across the school, including sports days, lunchtime tournaments and competitions and after school clubs. 		<ul style="list-style-type: none"> • Children in year 6 complete an application form and are selected to become our 'Sports Crew'. These pupils assist with lunch time activities, after school clubs, some lessons and sports day organisation. As a result, these pupils get to experience and improve their leadership and organisation skills. • In the summer term Y6 pupils support Reception class PE. 	<ul style="list-style-type: none"> • Continue to provide opportunities for KS2 pupils to develop leadership skills through the 'Young leader' programme
2.2 Embed physical activity into the school day.	<ul style="list-style-type: none"> • Encourage and re-establish active travel to and from school. • Increase physical activity during break and lunchtime opportunities and competitions organised by sports coach and sports crew. 	£500	<ul style="list-style-type: none"> • As a school in the heart of Ryde active travel is always high on our agenda. • The majority of our pupils, live within walking distance. • This academic year we increased the number of pupil who travel to and from school on foot, cycle or scooter through assemblies and travel initiatives throughout the year. • 84% pupils travel to school sustainably • 67% travel to school actively 	<ul style="list-style-type: none"> • Continue to promote and reward active travel • Achieve our 'Green Award' with Modeshift stars'. • Train a member of staff in 'balanceability'- cycle skills for YR1,2

2.3 Exploit links to other curriculum areas, where possible, through PE.	<ul style="list-style-type: none"> Map where curriculum links can be exploited through work in PE, such as PDL, PSHE, science and maths. Work alongside other staff (KS/MG) to support children’s wellbeing and achieve the PEACH Silver Award over the next 2 years.. 		<ul style="list-style-type: none"> Through our planned curriculum pupils are taught about the benefits of activity and the positive impact it has on sleep, health and wellbeing. Since September 2021 we have seen improvement in the number of children experiencing anxiety and requiring ELSA work for this. 	<ul style="list-style-type: none"> Continue to monitor and refine the PE curriculum and actively look for opportunities for activity in other curriculum areas
2.4 Ensure as many pupils as possible achieve the expected NC standard for swimming by the time they leave year 6.	<ul style="list-style-type: none"> Intensive swimming lessons for any pupils who have not yet achieved the expected standard. Sea Safe lifesaving skills sessions 	£1,200	<ul style="list-style-type: none"> 100% pupils improved their water confidence and swimming skills. There was an improvement of 60% in the number of children who can swim 25m A 49% improvement in the number of children who could swim using more than 1 stroke A 43% increase in the number of children who improved their water skills and rescue techniques Swim safe training undertaken by 16 pupils. 2 pupils attended the ‘Wave’ project improving their mental health through water therapy. 	<ul style="list-style-type: none"> Continue to fund additional swimming and water safety programme.
2.5 Improve the fine and gross motor skills of SEND and vulnerable pupils across the school.	<ul style="list-style-type: none"> Targeted sessions twice weekly with children in Reception and KS1 to develop children’s fine and gross motor skills and co-ordination. EYFS Gross movement group 	£4,387	<ul style="list-style-type: none"> 100% pupils in these groups improved their enjoyment and engagement. The impact could be seen in class with improvements in self-esteem, resilience, pencil control and handwriting. 	

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				% Percentage of total allocation: 4.14%
Intent	Implementation & Budget Allocation		Impact	Sustainability and next steps:
3.1 Provide staff with professional development, training and resources so that PE is taught more effectively.	<ul style="list-style-type: none"> Identify areas that staff are less confident to teach. Additional training in the delivery of Gymnastics to pupils across the school, with a focus on KS2. New Dance resources 'Dance Notes' purchased and aligned to class topics Attend HIAS and IOW training and CPD to up-skill staff. 	£180 £234	<ul style="list-style-type: none"> CPD attended in OAA, Dance and Gymnastics leading to more confident and skilled teaching in this area. New Dance resources have greatly improved children's enjoyment, confidence and skills in dance. 	<ul style="list-style-type: none"> Continue to offer target CPD where needed, especially to staff new to the school.
3.2 Sports coach to work alongside school staff to increase and extend the activities and opportunities offered to children.	<ul style="list-style-type: none"> Sports coach to ensure that staff supporting PE lessons and after school clubs are participants in the teaching and learning rather than watching from the side lines. 		<ul style="list-style-type: none"> As a result of high quality support TAs are more confident to support group work and ensure skills are learned correctly. 	
3.3 Ensure planning and teaching across school PE is clearly linked to NC Objectives for each year group.	<ul style="list-style-type: none"> Re-do whole school Long Term plan Investigate new PE/Sports curriculum planning tool Purchase Dance Programme Sports Coach to attend and Complete Gymnastic Qualification 	£395	<ul style="list-style-type: none"> The impact of a revised long term plan has meant that children are receiving a broad and balanced curriculum alongside practice for upcoming events. Pupils report that they are enjoying the new dance and gymnastic work. 	<ul style="list-style-type: none"> With a change in staffing in Autumn Term 2022 additional training may be required.
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				% Percentage of total allocation: 2.45%
Intent	Implementation & Budget Allocation		Impact	Sustainability and next steps:
4.1 Introduce a wider range of extra-curricular clubs and activities to encourage more pupils to take up sport and participate in physical activity	<ul style="list-style-type: none"> Introduce Bush Craft (2 terms), our new forest school area. Investigate YOGA/Mindfulness for children Signpost children to sports and activities going on in the local area and across the IOW UKSA Sailing experience- Year 6 	£300 £180	<ul style="list-style-type: none"> Bush craft has now run for one full academic year and is still running. This is a highly popular club. Children from Y1-6 are enjoying being active outside; making dens, a rope swing and other activities in the school grounds. As a result of 64% pupils engage in activities available in our local area. The impact of staff training has been that children engage in regular mindfulness 	Continue to subsidise disadvantaged pupils to enable all to access this' paid club'.

			activates. This enhances the calm and purposeful atmosphere of the school.	
4.2 Partner with other schools to run sports clubs.	<ul style="list-style-type: none"> Continue to take part in locally run competitions Maximise opportunities for pupils to widen their experiences, knowledge and skills through our collaborative links with Ryde School 		<ul style="list-style-type: none"> 54% pupils have taken part in locally run competitions and events both locally and across the Island. We have continued to build our links with Ryde school. The impact of this is that our children are able to use the 'state of the art' equipment and sports facilities that Ryde School has. Our children also benefit from the expertise, enthusiasm and positive role models the Ryde School students offer us. 	<ul style="list-style-type: none"> Develop further links with Ryde School, staff and pupils in order to enhance the offer we are able to provide for DP pupils.

Key indicator 5: Increased participation in competitive sport			% Percentage of total allocation: 4.05%	
Intent	Implementation & Budget Allocation	Impact	Sustainability and next steps:	
5.1 Increase and actively encourage pupils' participation in competitive sports and 'school Games'.	<ul style="list-style-type: none"> Achieve School Games Platinum Award Engage with wider community in competitions and tournaments Increase lunchtime competitions and tournaments Play competitively during after school clubs and during PE lessons. 	<ul style="list-style-type: none"> Although we have achieved the Gold award for the last 5 years we will only be able to apply for the Platinum Award in 2023 due to the number of qualifying years. We are confident that with our hard work to date that we will meet the criteria for 2023. 	<ul style="list-style-type: none"> Achieve Platinum Award in 2023. 	
5.2 Organise, enter and compete in more sporting competitions and tournaments with local schools and other schools across the Isle of Wight, including those run by sporting organisations.	<ul style="list-style-type: none"> Plan a sports calendar of extra-curricular activities including fixtures and competitions both within school and with other schools. Train Sports Coach to drive a mini-bus so that we are less reliant on external transport services. 	£722 Transport £70	<ul style="list-style-type: none"> Pupils across the school have taken part in after school clubs, lunch time tournaments, fixtures with other Island schools and competitions. We are now able to travel to many more events now that our sports coach is mini-bus trained. 	<ul style="list-style-type: none"> Continue to engage with sporting opportunities across the Isle of Wight and beyond.

Signed off by:		SPEND TOTAL: £20,351
Head Teacher:	Anita Wilcox	<i>Anita Wilcox</i>
Date:	31 September 2021	
Subject Leader:	Anita Wilcox	<i>Anita Wilcox</i>
Date:	31 September 2021	
Chair of Governors:	Rob Ashley	<i>R ASHLEY</i>
Date:	30 November 2021	