



# Dover Park Primary School



## PE & Sports Premium 2022-23 IMPACT REPORT

**ALL** pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport.



Meeting national curriculum requirements for swimming and water safety.	2022	2023
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	50%	77%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	50%	77%
<b>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</b>	3%	30%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	<b>Yes</b>	

#### **Our vision for sport:**

Our vision was developed with pupils and staff and states our aim to ‘provide a high quality physical education curriculum that inspires all our pupils to succeed and excel in competitive sport and other physically demanding activities’.

- Through inspiring pupils and giving them opportunities to flourish we have started to see a vast improvement both in attitudes and the number of pupils participating in both level 2 pathway competitions, level 1 competitions tournaments and festivals. The school has continued to provide children with the opportunities to engage in competitive sport despite COVID-19 restrictions.
- The ethos of the school is to allow ALL children opportunities to develop their skills and confidence within PE, which is developed through the employment of a specialist sports coach to ensure outstanding delivery of PE. We have received the Sainsbury’s Gold Mark for PE for 4 years in a row in 2019. We can now aim for Platinum award in 2020-21.
- Dover Park has been awarded the ‘Shift It’ Bronze and Silver award and achieved the Gold Award in 2019; which recognizes schools for having a positive ethos and pro-active approach to promoting sustainable travel.
- Dover Park has a growing ‘sports crew’, pupils in KS2 who are constantly involved in developing PE. It is important to have a powerful student voice to progress PE and make it enjoyable for everyone. The Key stage 2 crew are given opportunities to build up their skills in organizing, leading, managing and officiating during events at school. Our older students have had the opportunity to undertake the Young Leader Programme, which will give them skills for life. Many of our young sports leaders are active in helping out with after school clubs, at lunchtimes and at sports days, alongside our specialist coach.
- We actively promote out school values of Enjoyment, Motivation, Respect, Aspiration, Independence, perseverance and Teamwork through our sports provision.

#### **Sporting activity:**

- Each child has at least 2 hours of physical activity a week.
- The school currently has a specialist PE coach, meaning that all children are getting quality first teaching, which is inspiring and motivating, in every area of PE.
- We introduced the Golden Mile to improve daily activity for all, in which each child completes 12 minutes around a measured distance - totaling to 60 minutes every week. All classes use this, with the children’s earning incentives for completing miles and tracking their own progress. Children are keen to improve their own best scores.
- In the playground we also have organized games and competitions at lunchtimes, led by a specialist sport coach and young leaders, for pupils to take part in.

#### **Range of sporting/physical activities:**

- Within Physical Education lessons, children are given the opportunities to try a range of different sports. These sports include: rugby, football, basketball, hockey, netball, athletics, cross-country, tennis and cricket to name but a few. Pupils in Year 3 and 6 also take part in swimming lessons.

- Pupils are also given opportunities to take part in various activities during the year, from competing against schools to taking part in taster sessions. These activities include: table tennis, cross-country, tag rugby, archery, tennis, multi-skills, handball and seated volleyball.
- The school also has various after school clubs available to the children, these include: girls' football; boys' football; gymnastics; dance (KS1 and KS2); basketball; KS1 football; running club; athletics club; multi-skills club (KS1) and cricket.
- As a school, Dover Park also believes in road sense, educating pupils in road safety and awareness. That is why throughout the school we are committed to giving pupils opportunities to develop their road safety awareness through various activities and a visit from the road safety road show. These activities include the provision of Ready Set Ride, balanceability for Younger pupils, and Bikeability for KS2. We also participate in 'Shift it' and Walk to School weeks to promote active and safe travel to and from school.

**Promoting participation in sports:**

- The school prides itself on the extensive, free, extra-curriculum sport it offers to its children. Over 2019-20 the school has competed in over 30 separate sporting events throughout KS1 and KS2 with over 200 opportunities for children to represent the school. These sporting opportunities include: rugby, football, basketball, hockey, netball, athletics, cross-country, tennis, multi-skills and cricket. These opportunities were curbed by COVID-19 restrictions but we are hoping to sustain this when restrictions allow.
- We are always looking for new activities in the local areas to inspire and interest out pupils so as to engage them in positive experiences both in school and out.

The PE and Sports funding has been provided to ensure impact against the following **OBJECTIVE:**

Achieve self-sustaining improvement in the quality of PE and sport in primary schools. It is important to emphasize that the focus of spending must lead to long lasting impact against the vision (*above*) that will live on well beyond the Primary PE and Sport Premium funding.

**It is expected that schools will see an improvement against the following 5 key indicators:**

1. the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. the profile of PE and sport being raised across the school as a tool for whole school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all pupils
5. increased participation in competitive sport

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your pupils now and why? Use the space below to reflect on previous spend and key achievements and areas for development.

Key achievements to date until July 2022:	Areas for further improvement and baseline evidence of need:
<p>Last year the school was proud of:</p> <ul style="list-style-type: none"> <li>• The wide range of after school sports clubs that was offered to pupils across the school</li> <li>• Increased 'Bikeability' for our year 5 and 6 pupils, particularly those moving on to secondary school.</li> <li>• Provided training for year 6 pupils on how to ride the route to secondary school as part of our transition programme.</li> <li>• Our support for SEND pupils and those with disabilities, including use of the money to modify a bike for a child to ensure inclusivity.</li> <li>• The increase in the number of children traveling to and from school in an active way.</li> </ul>	<ul style="list-style-type: none"> <li>• Additional swimming for year 6 pupils who have not achieved NC swimming objectives.</li> <li>• Improved engagement in Island wide tournaments</li> <li>• Improve access to cycle training for more children</li> </ul>

## Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for pupils today and for the future.

Academic Year: 2022/2023		Total fund allocated: £17,803.00		Date Updated/Reviewed: July 2023	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity( Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school).					% Percentage of total allocation: 20.07%
Intent	Implementation & Budget Allocation		Outcome/ Impact	Sustainability and next steps:	
1.1. Increase & embed consistent daily activity opportunities across the school, outside of PE lessons.	<ul style="list-style-type: none"> <li>Daily Mile</li> <li>Super movers</li> <li>Daily sports club</li> <li>Sports coach to organise and run lunch time completions and tournaments for pupils during play time</li> <li>Equipment to go in new MUGA Easter 2023</li> <li>Replace playground equipment at least annually to support active break times e.g. skipping</li> </ul>	<p>£4387.50</p> <p>£418.92</p> <p>£1100.00</p>	<ul style="list-style-type: none"> <li>Pupils in all years' groups are benefiting from an additional 10-15 minutes of exercise a day as part of their daily school routine leading to increased fitness levels. 'Super movers' is also used in all classrooms throughout the day to provide brain breaks.</li> <li>A new sports coach is providing daily activities and tournament. This supports engagement with sports and improves the rates of activity over the lunchtime break.</li> <li>New playground equipment has increased activity at playtimes with children becoming involved in games led by staff and organised independently.</li> <li>DP runs a daily after school sports club. Other activities such as carnival Dance club and gardening also support pupils to become more active.</li> </ul>	<ul style="list-style-type: none"> <li>Continue to include physical activity in lessons and at any appropriate times during the school day.</li> <li>Raise money for an all-weather Daily Mile Track.</li> </ul>	
1.2 Further increase the number of children traveling to school in an active way	<ul style="list-style-type: none"> <li>SHIFT IT</li> <li>Get Cycling Project</li> <li>Junior Travel Ambassadors</li> <li>Modeshift Stars Green award</li> <li>Train staff to deliver balaneability and bikeability in school rather than relying on external providers</li> </ul>	£260.89	<ul style="list-style-type: none"> <li>The school is highly engaged in advocating active travel. Currently 85% pupils walk, cycle or scoot to school.</li> <li>2 staff have received training through the Get Cycling project. They will deliver balance ability training to EYFS, Y1, Y2 as a precursor to bikeability; that is delivered to our older children.</li> <li>We have a highly enthusiastic group of</li> </ul>	<ul style="list-style-type: none"> <li>Continue to promote active travel through the Mode Shift Stars programme.</li> <li>Re-run bikeabiliy and balanceabilty training</li> </ul>	

			<p>Junior Travel Ambassadors who have run competitions, such as brighten you bag (be safe, be seen agenda) and led assemblies.</p> <ul style="list-style-type: none"> <li>The school has achieved the Modeshift Stars Green award and is working towards bronze.</li> <li>Children at Dover Park enthusiastically take part in the Sustrans Big Walk and Wheel events and as result increase their daily activity.</li> </ul>	
1.3 Further increase the number of pupils attending sports after school clubs and sporting fixtures	<ul style="list-style-type: none"> <li>Target pupils who are typically less 'sporty' by offering a range of less traditional clubs</li> <li>Provide subsidy and equipment to disadvantaged pupils so that they can participate in 'paid' clubs such as forest school</li> <li>Sports coach and TA to support after school a daily sports club</li> <li>Mini-bus travel to allow pupils to participate in Island wide tournaments, events and fixtures</li> <li>Wide range of after school sports clubs on offer</li> <li>Upskill staff to deliver new clubs</li> <li>Targeted Multi-skills tournament</li> </ul>	<p>£1558.83.</p> <p>£938.00</p> <p>£1453.53</p>	<ul style="list-style-type: none"> <li>All clubs that have a cost element are subsidised by the school for pupils in receipt of the pupil premium. Additional kits such as football kits have been purchased</li> <li>All after school sports clubs and activities are solely funded through the Sports premium ensuring those any child who wishes is able to participate. Additional adult support is funded for those with medical conditions or specific medical needs where appropriate.</li> </ul>	<ul style="list-style-type: none"> <li>Took part in an after school sports club or fixture this year.</li> <li>Continue to monitor engagement and survey children who have not taken part to see what they would like to do.</li> </ul>
<b>Key indicator 2: The profile of Physical Education, School Sport and Physical Activity (PESSPA) being raised across the school as a tool for whole school improvement</b>				% Percentage of total allocation: 15.7%
Intent	Implementation & Budget Allocation		Impact	Sustainability and next steps:
2.1 Pupils are actively encouraged to take on leadership and volunteer roles that support the delivery of sport and daily activity within the school	<ul style="list-style-type: none"> <li>Young Leaders Programme</li> <li>Sports Crew</li> <li>Junior Travel ambassadors</li> <li>Sports specialist employed to deliver high quality PE across the school</li> </ul>		<ul style="list-style-type: none"> <li>The school has achieved green, bronze and silver Travel awards this year.</li> <li>The school's Junior Travel Ambassadors are in place and are taking their role very seriously.</li> <li>New sports coach in place. Continue to support JW with training and coaching.</li> </ul>	<ul style="list-style-type: none"> <li>JTA continue to arrange events to promote active travel</li> <li>Appoint sports crew from year 5 and 6 pupils in September 2023</li> </ul>

2.2 Plan physical activity as part of lessons where possible.	<ul style="list-style-type: none"> <li>• Super movers</li> <li>• Go-noodle</li> <li>• Plan opportunities for physical activity in science, geography, maths etc., including use of the school grounds</li> </ul>		<ul style="list-style-type: none"> <li>• All pupils receive 60 minutes of Activity daily through activities in the classroom, playground competitions, daily mile, outside active learning &amp; after school sporting activities</li> </ul>	<ul style="list-style-type: none"> <li>• Plans to install an all-weather running track that will take children on a longer run for the daily mile around the field even when it is wet.</li> </ul>
2.3 Exploit links to other curriculum areas, where possible, through PE.	<ul style="list-style-type: none"> <li>• Map where curriculum links can be exploited through work in PE, such as PDL, PSHE, science and maths.</li> </ul>		<ul style="list-style-type: none"> <li>• Links exploited in different areas of the curriculum including science, maths</li> </ul>	
2.4 Ensure as many pupils as possible achieve the expected NC standard for swimming by the time they leave year 6.	<ul style="list-style-type: none"> <li>• Intensive swimming lessons for any pupils who have not yet achieved the expected standard.</li> <li>• Sea Safe lifesaving skills sessions in summer term</li> </ul>	£1,286.00	<ul style="list-style-type: none"> <li>• 27% improvement from 2022 as a result of intensive lessons for those who still unable to swim. 77% achieving standard.</li> </ul>	<ul style="list-style-type: none"> <li>• Re-book for new cohort in 2024</li> </ul>
2.5 Further raise the profile of sport across the school	<ul style="list-style-type: none"> <li>• Celebration Assemblies</li> <li>• Visitors to school</li> <li>• Awards</li> <li>• PE and physical activity promotes the school's values and life skills of enjoyment, motivation, respect, aspiration and perseverance.</li> <li>• PE Notice board/Newsletter etc.</li> </ul>	£129.36	<ul style="list-style-type: none"> <li>• All measures executed. As a result, 88% children have taken part in an after school sports club or school activity, such as balanceability.</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to survey pupils and offer a wide range of clubs that interest all.</li> </ul>
2.6 Fine and gross motor small groups to support children with DCD- Developmental Coordination Disorder	<ul style="list-style-type: none"> <li>• Sports coaches and TAs to deliver small group interventions to pupils struggling with motor skills</li> </ul>	£863.78	<ul style="list-style-type: none"> <li>• This took place in the Autumn and Spring terms. 10/12 pupils showed significant improvements in their fine and gross motor development.</li> </ul>	

<b>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</b>				% Percentage of total allocation: 7.3%
Intent	Implementation & Budget Allocation		Impact	Sustainability and next steps:
3.1 Provide staff with professional development, training and resources so that PE is taught more effectively.	<ul style="list-style-type: none"> <li>• CPD for sports coach and teaching staff</li> <li>• Additional CPD for staff linked to IOW festivals and events</li> <li>• Cycle training across the school</li> <li>• Hire of bikes for those who do not have one</li> <li>• Make equipment easy accessible</li> </ul>	£225	<ul style="list-style-type: none"> <li>• Balanceability training completed. TA and sports coach to begin training after Easter for Y1 and reception.</li> <li>• Storage crates purchased to assist with accessibility of equipment</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to provide to all Year R and year 1 pupils next year through PE and after school club sessions.</li> </ul>

3.2 Sports coach to work alongside school staff to increase and extend the activities and opportunities offered to children.	<ul style="list-style-type: none"> <li>High quality training for staff supporting PE lessons and after school clubs so that they are more active participants in the teaching and learning</li> </ul>		<ul style="list-style-type: none"> <li>Current sports coach is inexperienced and is receiving training from staff and sports unit.</li> <li>Training provided in areas for development.</li> <li>Training in Large apparatus completed.</li> <li>Mentoring provided by Deputy Head and Premier Sports.</li> </ul>	
3.3 Ensure planning and teaching across school PE is clearly linked to NC Objectives for each year group.	<ul style="list-style-type: none"> <li>Investigate new PE/Sports curriculum planning tool</li> <li>New sports Coach to attend training in areas that need developing.</li> <li>CPD for less confident staff to support the delivery of high quality physical activity</li> <li>Staff confident to differentiate PE and sports activities so that all pupils, regardless of ability, experience a positive and enjoyable experience</li> <li>Embed new PE Scheme of work</li> </ul>	<p>£524.32</p> <p>£298.00</p>	<ul style="list-style-type: none"> <li>Complete PE was introduced in January 2023 and is working well to give structure and progression to the PE curriculum.</li> <li>LTP in place, alongside medium term and daily plans.</li> <li>PE Scheme used consistently.</li> </ul>	<ul style="list-style-type: none"> <li>Ensure higher engagement of TA's in delivering PE</li> </ul>

**Key indicator 4: Broader experience of a range of sports and activities offered to all pupils** % Percentage of total allocation: 4.4%

Intent	Implementation & Budget Allocation	Impact	Sustainability and next steps:
4.1 Introduce a wider range of extra-curricular clubs and activities to encourage more pupils to take up sport and participate in physical activity	<ul style="list-style-type: none"> <li>Investigate YOGA/Mindfulness for children</li> <li>Develop further links with Ryde School so that children have access to high quality resources and coaching</li> <li>Children are encouraged to develop independence through coaching, and officiating their peers</li> </ul>	<p>£88</p> <ul style="list-style-type: none"> <li>Our weekly trips to Ryde School have commenced again. Children benefit from the use of high quality facilities and coaching from Ryde School students.</li> <li>Yoga introduced as an after school club.</li> <li>High engagement from Sports Crew in lunchtime activities and sports day</li> </ul>	
4.3 Achieve the Sainsbury's School Games mark- Platinum Award in 2023	<ul style="list-style-type: none"> <li>Read and Understand the guidance and criteria</li> <li>Plan sports calendar accordingly</li> <li>Complete online application and evidence form</li> <li>Increase lunchtime competitions and tournaments</li> <li>Engage with wider community in competitions and tournaments</li> <li>Investigate wider opportunities in the community and signpost pupils to these.</li> <li>Employ external specialists for dance/gym</li> </ul>	<p>£1990.56</p> <ul style="list-style-type: none"> <li>Sporting fixtures have now recommenced, with children playing in a range of tournaments with schools across the Island</li> <li>Lunch time competitions fully in place, and as a result more children are increasing their physical activity throughout the day.</li> <li>Dance and Gym provided delivered by specialist from Premier Sports.</li> <li>Pupils signposted to local and community sports activities- new celebration slot allows pupils to show case their talents and achievements outside of school.</li> </ul>	<ul style="list-style-type: none"> <li>Train up new sports coach to deliver these in 2023-24</li> </ul>

<b>Key indicator 5: Increased participation in competitive sport</b>				% Percentage of total allocation: 11.6%
<b>Intent</b>	<b>Implementation &amp; Budget Allocation</b>		<b>Impact</b>	<b>Sustainability and next steps:</b>
5.1 Increase and actively encourage pupils' participation in competitive sports and 'school Games'.	<ul style="list-style-type: none"> <li>• Achieve School Games Platinum Award</li> <li>• Engage with wider community in competitions and tournaments</li> <li>• Increase lunchtime competitions and tournaments</li> <li>• Play competitively during after school clubs and during PE lessons.</li> <li>• Subscriptions</li> <li>• Teach and expect fairness, teamwork and sportsmanship</li> </ul>	£500	<ul style="list-style-type: none"> <li>• New sports coach has begun to organise fixtures with other schools and within school at lunchtime with a result that more children are involved in activity at these times.</li> <li>• Competitive sports are played during lunchtime tournaments and in afterschool clubs.</li> <li>• School Games Platinum Award achieved in June 2023</li> <li>• School values of Enjoyment, Motivation, Respect, Aspiration, Perseverance and Independence and promoted alongside all sporting awards activities and awards.</li> </ul>	<ul style="list-style-type: none"> <li>• Aim to maintain Platinum Award, and the high level of engagement that it involves in 2023-24</li> </ul>
5.2 Organise, enter and compete in more sporting competitions and tournaments with local schools and other schools across the Isle of Wight, including those run by sporting organisations.	<ul style="list-style-type: none"> <li>• Plan a calendar of competitions in school to take place during lunch time play</li> <li>• Take part in sporting events and fixtures across the Island with other schools</li> <li>• IWFA membership</li> <li>• Team Captain Badges</li> </ul>	£1989.00 £30 £20	<ul style="list-style-type: none"> <li>• Dover Park is competing in competitions around the Island. The school has an enthusiastic and talented team for both girls and boys football.</li> <li>• The school has also participated in a wide range of sports, including multi-skills for those less engaged with traditional team sports.</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to fully engage with IOW Sporting calendar.</li> </ul>

Signed off by:		SPEND TOTAL: £17,525.31	IMPACT REPORT
Head Teacher:	Anita Wilcox	<i>Anita Wilcox</i>	Completed by AW 18/7/2023
Date:	31 September 2022		
Subject Leader:	Anita Wilcox	<i>Anita Wilcox</i>	<i>Anita Wilcox</i>
Date:	31 September 2022		
Chair of Governors:	Rob Ashley	<i>Rob Ashley</i>	
Date:	30 November 2022		