

Dover Park Primary School School Travel Plan



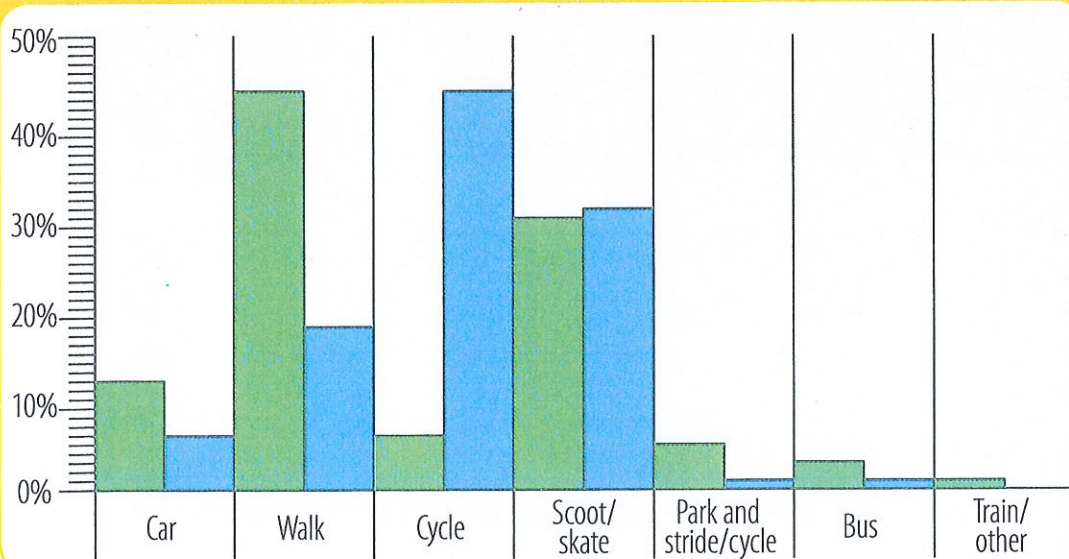
Dover Park Primary School encourages and supports the whole school community to travel more actively and sustainably where possible.

Studies show that travelling actively can help develop physical and mental well-being, social interaction, independent travel skills and good road sense. This helps ready our children for when they leave Dover Park Primary.

We work with a range of external providers, such as Sustrans and the Isle of Wight Council, to keep up-to-date with any appropriate schemes or grants that help us deliver this policy.



How we travel to school and how we'd like to travel to school

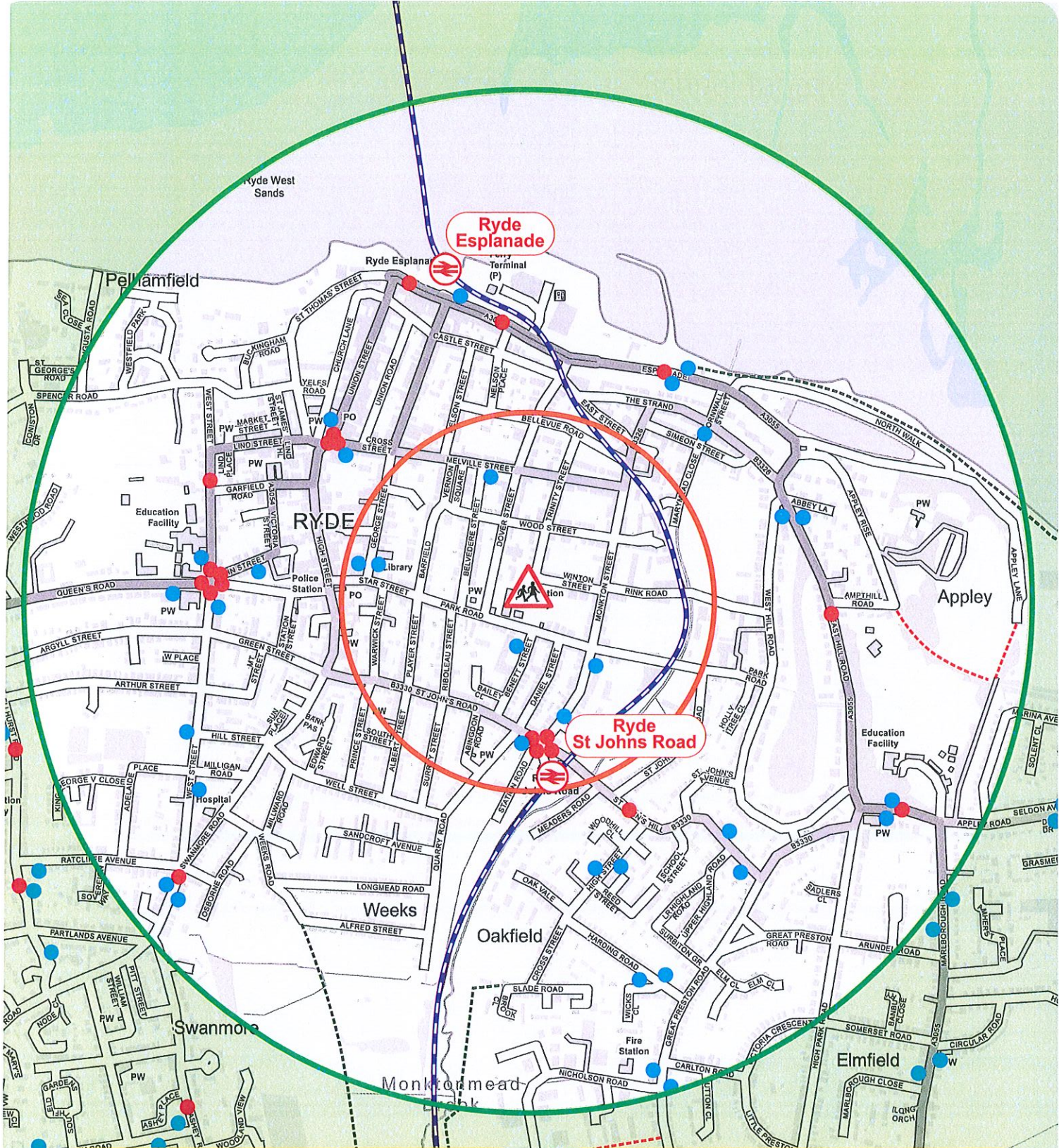


KEY

How we travel to school

How we'd like to travel to school

196 out of 239 pupils took part in the 'hands-up' survey.



Key

- | | | | |
|--|----------------------|--|---|
| | School location | | Bus Stop |
| | 15 minutes walk zone | | Pedestrian crossing |
| | 300m exclusion zone | | Footpath |
| | Free Park & Stride | | Off-road cycle route |
| | Railway Station | | Byway, bridleway and off-road cycle route |

Key

Walk one mile

One mile of walking equals two thirds of the recommended daily sixty minutes of physical exercise. On the map, the outer green circle is half a mile from the school.
1 mile = 60/40 minutes RDPE

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School facts

Name

Dover Park Primary School

Location setting

Urban, residential area

Children on role

239

Highway assessment

Speed limit outside school

30mph

Pavement access to school

Yes, both sides, in average condition. 1.5m to 3m wide.

Dropped curbs

Very few dropped curbs in area.

Existing travel

Number of staff walking or cycling

10

Where do pupils travel from?

- 93% of children live within one mile of school.
- 4% (11 children) live outside of two miles.

Current travel methods:

- A large proportion of the children are currently active on their journey for school, with only 12% saying they use the car for their whole journey.
- 44% of children walk to school.
- 30% of children cycle to school.
- Given the choice children would pick cycling as their preferred method of transport, especially in Y6.
- 66% of the school children surveyed have access to a bike. However there are more children in Y2 without one than with.

Accidents

Accidents recorded within one mile of the school

There have been 35 people injured in accidents within a mile of the school, two were pedestrians of school age, none were cyclists of school age.

Parking facilities

On site storage

12 bike places, 15 scooter places.
Both secure but uncovered.

On site car parking

14 staff spaces.

Parking restrictions around the school

Parking is very limited in the area due to the volume of cars/residents around the school.

Distance from school to available on-road car parking

One to two minutes walk.

Potential park and stride location

St Johns train station; large car park.
Six minute walk from school.

Initiatives and training

Programs/training

Pedestrian training, skateboard club.

Initiatives

Active travel challenge, Walk the Wight, Comic Relief, Sports Relief

School marks

Sportsmark

Local sustainable routes

Bus service

The bus stop at St John's Hill is a six minute walk away, with buses serving Ryde and Newport every 5 to 15minutes.

Train service

Ryde St John's station is a six minute walk from the school.

Signed/designated crossing points

Zebra crossing outside the school gate.



Active travel

Research shows that active travel to school makes children more alert and ready to face the school day than if they had arrived in a car: walking, cycling or scooting to school wakes up the mind and body.

The Chief Medical Officers' recommendations include vigorous intensity exercise to strengthen muscle and bone at least three days per week.

Mood & concentration

Research shows that 15 minute bouts of aerobic exercise - including walking, cycling, and scooting - can significantly increase positive mood and decrease negative mood amongst younger children.

Active travel can increase concentration by up to four hours.

Cost saving

Potential savings you could make by scooting to school in term time.

Distance to/from school	One mile	Two miles
Scooting 1 day a week	£87.50	£175.00
Scooting 2 days a week	£175.00	£350.00
Scooting 3 days a week	£262.50	£525.00
Scooting 4 days a week	£350.00	£700.00
Scooting 5 days a week	£437.50	£875.00

Figures have been calculated on a total motoring cost (including insurance, depreciation, servicing and petrol) of 55.74p per mile (the average figure in 2012 according to the RAC) and making two round trips a day.

Walking

Walking is known to improve academic performance. Children arrive brighter and more alert for their first morning class. In a UK Department for Transport survey, nine out of ten teachers said their students are much more ready to learn if they've walked to school. Walking reduces stress and increases creativity, both of which will help a child's performance at school.

Traffic awareness

Children who walk, cycle, and scoot to school from an early age develop road safety awareness and are less vulnerable when they walk independently to secondary school. Learning at a young age helps children gain a greater awareness of traffic and the ability to travel safely.

Emissions

Road transport accounts for 22 per cent of total UK emissions of carbon dioxide (CO₂) - the major contributor to climate change.

Benefits of activity

Physical activity can encourage healthy growth and development, maintain a healthy weight and reduce anxiety and stress. It can improve muscular strength, endurance and flexibility in children and adolescents.

