



Mr Kirby's Weekly News

Dear Dover Park Family,

It's been another action-packed week at school, filled with everything from historical breakthroughs to some very impressive (and some very enthusiastic!) music-making.

Parent Evenings

Parent Evenings are happening next week. If you haven't managed to book a time slot yet, please do sign up as soon as possible.

These conversations are so important for making sure we're all working together, celebrating your child's achievements and making sure they feel supported in school and at homes. Teachers will provide school reports during the meetings. Mrs Roberts or I will be on hand if you have any questions or queries for us too.

History Heroes & Cloakroom Champions

During our Celebration Assembly, things got a bit "legendary" with our History WoW Awards. Our History Leader, Ms. Jones, handed out certificates and those highly coveted WoW pencils to two budding historians from each class. Well done to all of our award winners!



On a more practical note, we also hunt out the Tidiest Cloakroom each week. It's all part of our mission to help the children master the art of independence (and keep the floors clear of stray coats!). Congratulations to this week's winners—year 2!





Parent Workshops

We love having you in school—it's what makes our community feel like a big family. To keep that spirit going, every class hosts workshops throughout the year.

This week, our Year 3 parents joined us for a Music workshop and what a treat it was! Seeing parents and children enjoying music together and joining in the fun was brilliant. Thank you for being such good sports and bringing so much energy to the classroom!

HAF Project

If you're still looking for ways to keep the kids busy during the break, there are still a few spots left on the HAF project for eligible parents. It's a fantastic way for them to stay active and well-fed over half term. Be sure to sign up soon if you're interested!

How to book:

All bookings can be made through the HAF Booking System, where families can browse through all the available activities in one convenient location. By visiting the Eequ Booking System (QR code below) users can quickly find and secure their preferred sessions.

Full details on all of the activities can also be found on the Isle of Wight Family Information Hub webpage.



<https://eequ.org/hafontheisleofwight>

Chapped Lips

Recently, we have noticed an increasing number of children bringing lip glosses, tinted lip balms, and other cosmetic items into school. While we understand the appeal of these products, I would like to kindly remind everyone of our school policy regarding makeup and personal care items: **Make-up should not be worn, or brought to school please.**

We absolutely understand that the colder weather can lead to uncomfortable, chapped lips. If your child requires a lip treatment for medical or comfort reasons, they are more than welcome to bring a clear, non-tinted chapstick or Lypsyl. These will be kept in children's bags and they will be able to apply them before breaktimes or lunchtimes. If your child is bringing in a lipsyl, please remind them that these items are for personal use only and should not be shared with friends.



LEARNING

Year 6 finished their Mayan sculptures. Having looked at Mayan replicas and carried out research, they took their time to mix appropriate colours to decorate their sculptures.



This week, we've fully immersed ourselves in writing, exploring how authors build atmosphere and tension – and the powerful impact this has on the reader. You'll spot the children bringing this to life through drama, stepping right into the scenes they're creating. In art, we began our self-portrait backgrounds, showing brilliant teamwork as aprons were swiftly donned and creativity took over! Finally, in maths, we focused on equivalent fractions, decimals and percentages – especially 25%, 50% and 75%. We're fairly sure you use these skills every day, even if you don't realise it!



In science this week year 4 looked at how water can change state through freezing, melting, evaporation and condensation.



Year 3, had some fantastic acting in RE this week, with the children retelling the Hindu story of Prahlad. The theme was good overcoming evil, where the Lord Vishnu saves Prahlad from the evil king and his sister. They were truly amazing!



Year 2 have been exploring the properties of 2D and 3D shapes by drawing around the faces of 3D shapes and recording the number of vertices and sides they have



In RE Year 1 have been continuing to learn about Passover. This week they learnt about the significance of a Seder meal and what is included on the Seder plate. The children were able to taste the bread shared at a Seder meal called Matzah. There were mixed reviews, some children enjoyed it and others didn't like the taste/texture but everybody tried it.



Reception explored Capacity this week, starting with using the vocab Full, Half Full and Empty. After lots of practical filling of different containers the children had to sort pictures into full or empty.



9th February —Year 4 DT Workshop (please note this has changed from Art)

13th February — Year 2 Assembly

4th March —Year 6 Music Workshop

12th March —Year 2 DT Workshop

16th March — Year 4 Music Workshop

19th March —Year 5 Assembly (please note change of date)

20th March — Easter Egg donation — Dress Down Day

26th March — Year 1 Assembly

27th March —Easter Egg Tombola

4th May —Year 5 Music Workshop

14th May — Year 4 Assembly

20th May — Year 1 Music Workshop

21st May — School Disco

22nd May — Reception Music Workshop (please note change of date)

5th June — Year 3 Parent Workshop

19th June— Whole School Teddy Bear Picnic 12:15-1:00

25th June — Year 2 Music Workshop

2nd July — Reception Assembly



Reader of the Week

Year 1— Oscar

Year 2— Ella

Year 3— Issac

Year 4— Hugo

Year 5— Nuha

Year 6— Rosie

Hot Chocolate Friday

Year 1— Harry W

Year 2— Adalyn

Year 3— Louie

Year 4— Hannah

Year 5— Oliver

Year 6— Esmee

History Wow Awards

Y1 - Harry W- for excellent enthusiasm and remembering of significant facts and events in history!

Wren - for sharing his knowledge and bringing excitement to our history lessons!

Y2 - Carter & Isaiah - For absorbing knowledge and facts and applying it to their learning

Y3 - Lennon -for his enthusiasm and knowledge throughout our topic on The Stone Age.

Hunter - for being so involved and engaged in our Stone Age activities.

Y4 - Emerson - great knowledge and enthusiasm.

Olivia H - for her understanding and curiosity.

Y5 - James - For thoughtfully applying historical knowledge gained at home and enthusiastically sharing his love of the subject in class.

Stuey - For his genuine passion for history and his enthusiasm for bringing the past to life.

Y6 - Alina - has a good general knowledge and will often refer to and compare with other times in history that she has studied.

Freddie - asks good questions which demonstrate his understanding and he is able to explain why some events may have happened and what their impact was.

Cloakroom Award

Year 2

Making Relationships Work for Professionals

Wednesday 28th January
9.30-11.30am Online

This training introduces:

- the key findings from Gottman research
- what actually predicts relationship success or breakdown
- practical ways professionals can support parent relationships

Book Now



lovemattersiow@gmail.com



LOVE MATTERS
REAL RELATIONSHIPS CONNECTION CARE

Supporting Parent Relationships



The Gottman Institute
A RESEARCH-BASED APPROACH TO RELATIONSHIPS



Making Relationships Work

Webinars for parents who want to renew & strengthen their relationship



- "How can we reconnect emotionally after years of focusing on the kids?"
- "How do we handle feelings of resentment or frustration that may have built up over time?"
- "How do we maintain meaningful conversations that don't revolve around parenting?"
- "Can we really keep the spark alive without feeling guilty for taking time away from the kids?"

4 ONLINE EVENING SESSIONS



- Session 1: What makes relationships last?
- Session 2: Renewing Your Friendship
- Session 3: How conflict can be a place of connection
- Session 4: Sharing your hopes & dreams for the future

Thursdays from 22nd January 8pm
Online (cosy up on your sofa solo or with your partner)
To book email: lovemattersiow@gmail.com

LOVE MATTERS
REAL RELATIONSHIPS CONNECTION CARE

Supporting Parent Relationships



The Gottman Institute
A RESEARCH-BASED APPROACH TO RELATIONSHIPS

Bringing Baby Home



The Gottman Institute
A RESEARCH-BASED APPROACH TO RELATIONSHIPS

A 5 week series of webinars for parents with babies to stay connected in this time of change

What will you learn?

- What "successful" couples do to keep love alive after children
- How to grow in friendship
- Practical ways to manage stress
- How to regulate conflict so you grow together & not apart
- Nurturing intimacy & Creating your unique family



"A couple's emotional connection provides the foundation for a child's development"

John Gottman



Fully Funded & Online
To book scan QR code or email: lovemattersiow@gmail.com

Book Now



LOVE MATTERS
REAL RELATIONSHIPS CONNECTION CARE

A not-for-profit organisation supporting all relationships at all stages. Providing workshops & 1:1 support for parents, children, families, couples

PRIVATE 1:1 or 1:2 RELATIONSHIP SUPPORT

LOVE MATTERS
REAL RELATIONSHIPS CONNECTION CARE

Informal & practical tools inviting you to experience a closer & more satisfying relationship



With Katie, Gottman Trained Relationship Educator

@lovemattersiow
07772192815

More info



www.facebook.com/lovemattersiow
lovemattersiow@gmail.com



The Gottman Institute
A RESEARCH-BASED APPROACH TO RELATIONSHIPS

SEN

Sensory play

Come and explore our multi sensory play space.
Using the senses of sight, hearing, smell and touch, including activity room and messy play.

Saturday 31st
January

10-11.30am

Siblings welcome

Book here

<https://bookwhen.com/sensoryspacecic>

At Sensory Space cic

United Reform Church, Upton rd, Ryde

PO33 3LE

Contact 07773570505

sensoryspacecic@gmail.com



Find out how KOOOTH can help your children access Free Mental Health Support



WHAT IS KOOOTH?

Kooth is a free, safe, and anonymous online platform where young people can access mental health support whenever they need it. Delivered in partnership with the NHS, Kooth is available to anyone between the ages of 11-25



ACCREDITED

Providing NHS services



bacp Accredited Service

COME TO AN INFO EVENT, KOOOTH ARE VISITING

Weds, January 21st

5.15 - 6pm St Margarets Hall

Anyone who wants to know more about how the service can support is welcome! Inc. professionals who support children. Refreshments provided.



HELP @ KOOOTH

Resources (24/7): Articles, mood tracking, journals, and peer support are always available.

Live Chat/Messaging: Available weekdays 12 PM-10 PM & weekends 8 PM-10 PM.

Anonymous & Safe: A secure space for emotional wellbeing support.



FREE

WHAT MAKES KOOOTH SPECIAL?

Anonymous & Safe

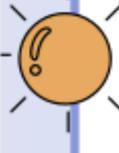
Kooth is safe - it's a fully moderated platform where users can seek help without anyone knowing who they are. Every comment, article and support chat is checked by professionals. If something is flagged as a concern, we reach out to the person.

Trusted

Kooth is accredited by the British Association for Counselling and Psychotherapy (BACP), and delivered through the NHS. Young people can be confident they will receive high-quality, professional care from real people, not robots.

Accessible

The service is fully mobile-accessible, allowing users to access support from their smartphones or tablets, making it convenient for on-the-go help. You can use Kooth on the go, at home, or wherever you are. Using live text chat is just like sending text messages.



CHILDREN

If you can, it is really good to talk to a trusted adult, this could be parents or adults at school or youth club.

Look out for your friends too & encourage them to talk to someone aswell as you. Tell an adult when you are concerned. It is to help...

If you don't feel able to talk to someone, which would be best; then you can sign yourself up to KOOOTH, free & anonymously! I can help if you aren't sure how. How to is shown below

GOT A PROBLEM? NEED ADVICE?

FEELING LOW | **RELATIONSHIPS** | **BULLYING** | **Eating disorder**

Being abused | Self harm | Sexuality: gay, lesbian or just confused

Need writing or voice recording services for young people

KOOOTH.COM IS A FREE, ANONYMOUS, CONFIDENTIAL WEBSITE WHERE YOUNG PEOPLE CAN GO FOR HELP.

→ Single chats
→ Booked 1:1 sessions
→ Themed message boards and info more

97% of our users prefer online counselling so visit www.kooth.com

How to sign up

- 1 Visit our website
- 2 Click on the 'Get started' button on the homepage
- 3 Choose your age and location from the drop down menus
- 4 Select the year and month you were born
- 5 Click on the gender, ethnicity and background that most closely describes you
- 6 Create an anonymous username and secure password
- 7 Let us know how you'd prefer to be contacted about health from the drop down menu
- 8 Select 'Next Step' to complete your registration

Where to find us

KOOOTH.COM | @koothuk | @koothuk | @koothuk | @koothuk

I really appreciate the help! I've got 3 messages to read. It's good to know you are not alone & get support from other children & adults.

It was good to have you here. I'm glad you're feeling better. I'll be a good starting point to me.

FEED BACK FROM KOOOTH USERS



Family Assist
Solent



Hampshire and
Isle of Wight Healthcare
NHS Foundation Trust

Helping to keep your child healthy

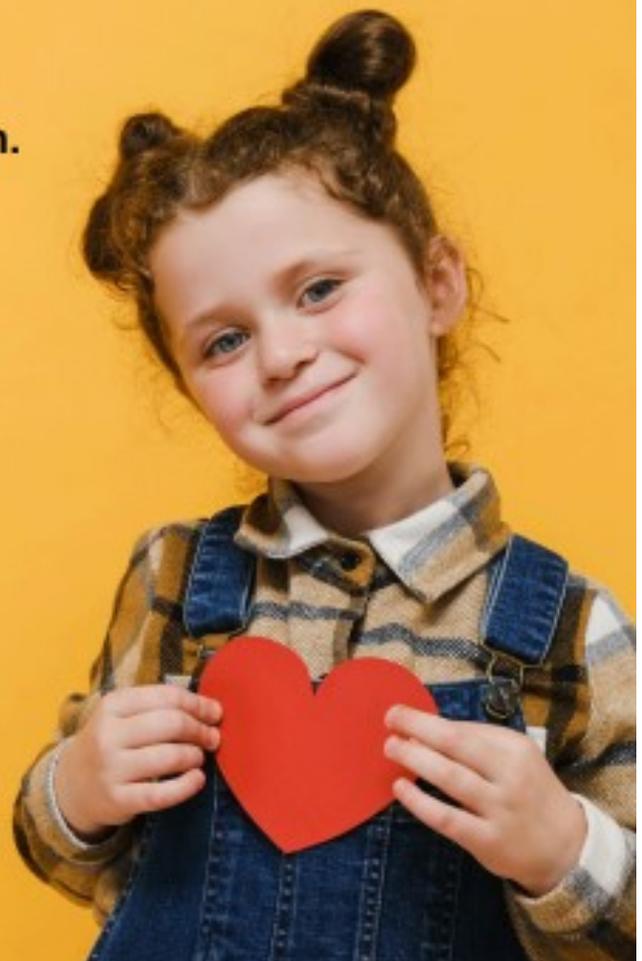
The Isle of Wight 0-19 Team is made up of Health Visitors, School Nurses, Community Nurses, Associate Practitioners and Administrators.

We use our skill mix team to ensure that all families are offered mandated health contacts for needs assessment, advice and support.

Please see Family Assist for additional support information.



If you have any questions or would like to speak to a Health Visitor or School Nurse, please ring the 0-19 duty desk on **0300 123 5224**





**PLEASE
DON'T PARK**

**ON DOUBLE
YELLOW LINES**