



Intent, Implementation and Impact in Physical Education (P.E)

Intent	Implementation	Impact
<ul style="list-style-type: none">• Our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities.• The PE curriculum at Dover Park enables pupils to develop confidence and competence to excel in a broad range of physical activities, understanding how the knowledge and skills they learn in school can be applied to their won physical activity and healthy lifestyle.• Curriculum design includes appropriate subject knowledge, skills and understanding in physical education as set out in the National Curriculum.• The taught curriculum, additional planned physical activity and after school provision provides opportunities for all children to participate in sport and lead active healthy lives.• Swimming is an important skill living on the Isle of Wight, we aim for all children to leave primary school being able to swim 25m.• A carefully considered range of activities teaches children to participate as an individual and to cooperate and collaborate with others as part of an effective team, understanding fairness and equality of play to embed life-long values.• The curriculum both taught and hidden in day-to-day life in school aims to improve the wellbeing and fitness of all children at Dover Park, not only through the sporting skills taught, but through the underpinning values and disciplines PE in school promotes.	<ul style="list-style-type: none">• PE is taught using a clear and comprehensive scheme of work that is in line with the National curriculum and is focused on promoting healthy lifestyles.• Children have a weekly 2-hour lesson, typically studying two areas of sport, they do class based movement/activity, and participate in the daily mile. In addition to this, children have access to a wide range of sports clubs outside of the school day.• High quality, inclusive teaching and learning opportunities enable all children to achieve their personal best.• Over the school year children have the opportunity to work with experts, e.g. cricket, tennis, swimming and cycling coaches.• Pupils across the school regularly compete in inter schools' events with pupils in the locality and across the Isle of Wight.• Pupils have the opportunity to participate in intra school events, competing against pupils in our school.• A small group of pupils in year 5 and 6 become sports leaders for the school. They develop into sporting role models for younger children, assisting with intra school events, including lunchtime tournaments and sports day.• We are always trying to introduce a wider range of less traditional sports in our after school provision, so that all children can find something of interest.• Year 6 children are taught water safety and rescue skills.	<ul style="list-style-type: none">• Children will have been motivated to participate in a variety of sports through high quality teaching that is engaging and fun.• Children will achieve age related expectations in PE in line with the National Curriculum at EYFS, KS1 and KS2.• Pupils will develop fundamental movement skills to become competent and confident.• Pupils will engage in competitive and cooperative physical activities, in increasingly challenging situations.• Children will be able to evaluate and recognise their own successes to achieve their personal best.• Children will enjoy sports and seek additional extra-curricular activities both in school and in the local/Island community and beyond.• Participation levels in school PE will be 100%, with the aim of 100% children participating in at least 1 after school sports club/activity.• Children will understand how exercise and physical activity contribute to a healthy lifestyle.• All pupils understand the values and importance of fair play, respect and being a good sports person.• Y6 children will be able to swim at least 25m.• Children will leave Dover Park with a lifelong love of sport that will take them into their next stage of education and into adult life.



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